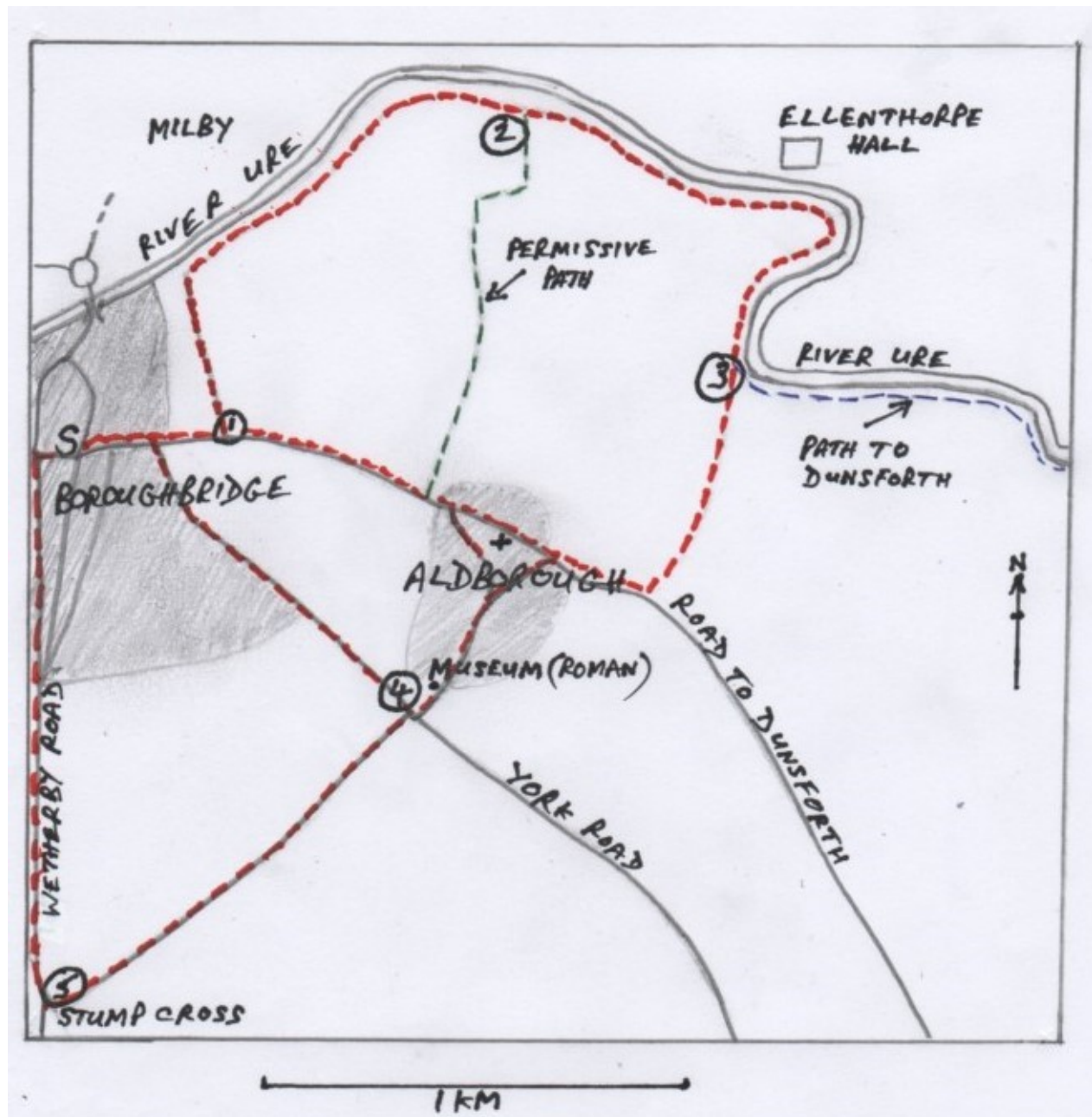


Boroughbridge Striders : Aldborough River Loop Walk



S = start (St James Square or wherever you are parked in the town)

Use OS Explorer 299, 1: 25 000 and/or Landranger 99, 1: 50 000 in conjunction with the above informal map

This is a very popular walk, especially among dog owners! As a **Walkers Are Welcome** route, it is known as "The Roman Ramble" (see map below) because there is a strong focus on visiting the Roman remains in Aldborough as well as enjoying the walk.

The route is simplicity itself, but there are a number of "options". Having taken a left turn (marked 1 on the map above; see pic below) opposite the Primary School on the Aldborough road, a well-marked path follows the River Ure along the "loop" until, at 3 (gate) on map above, it joins a rough road which takes the walker into the village of Aldborough. At that point, the choices are:

- Walk back along the roadside footpath to Boroughbridge
- Walk up the hill and visit the Roman Museum, if it's open, before heading back to Boroughbridge
- Walk past the Museum to the crossroads (4, on the map above), then head for Stump Cross (5) before turning right down Wetherby Road to the centre of Boroughbridge
- Finally, if a very short walk is required, you can leave the river path at point 2 on the map and follow the permissive path to Aldborough (see pic below and green dashes on the map above)



Distances and estimated times (L = leisurely pace; B = brisk, exercise pace):

- Basic walk, not including Museum: 5 km; L – 80 mins; B – 55 mins
- Walk including distance to and from Museum: 5.5 km; L - 85 mins; B – 58 mins
- Longer walk via Stump Cross and Wetherby Road: 7 km; L – 110 mins; B – 75 mins
- Permissive route short cut: 3.5 km; L – 55 mins; B – 38 mins



Start of riverside path



Start of "permissive path" section