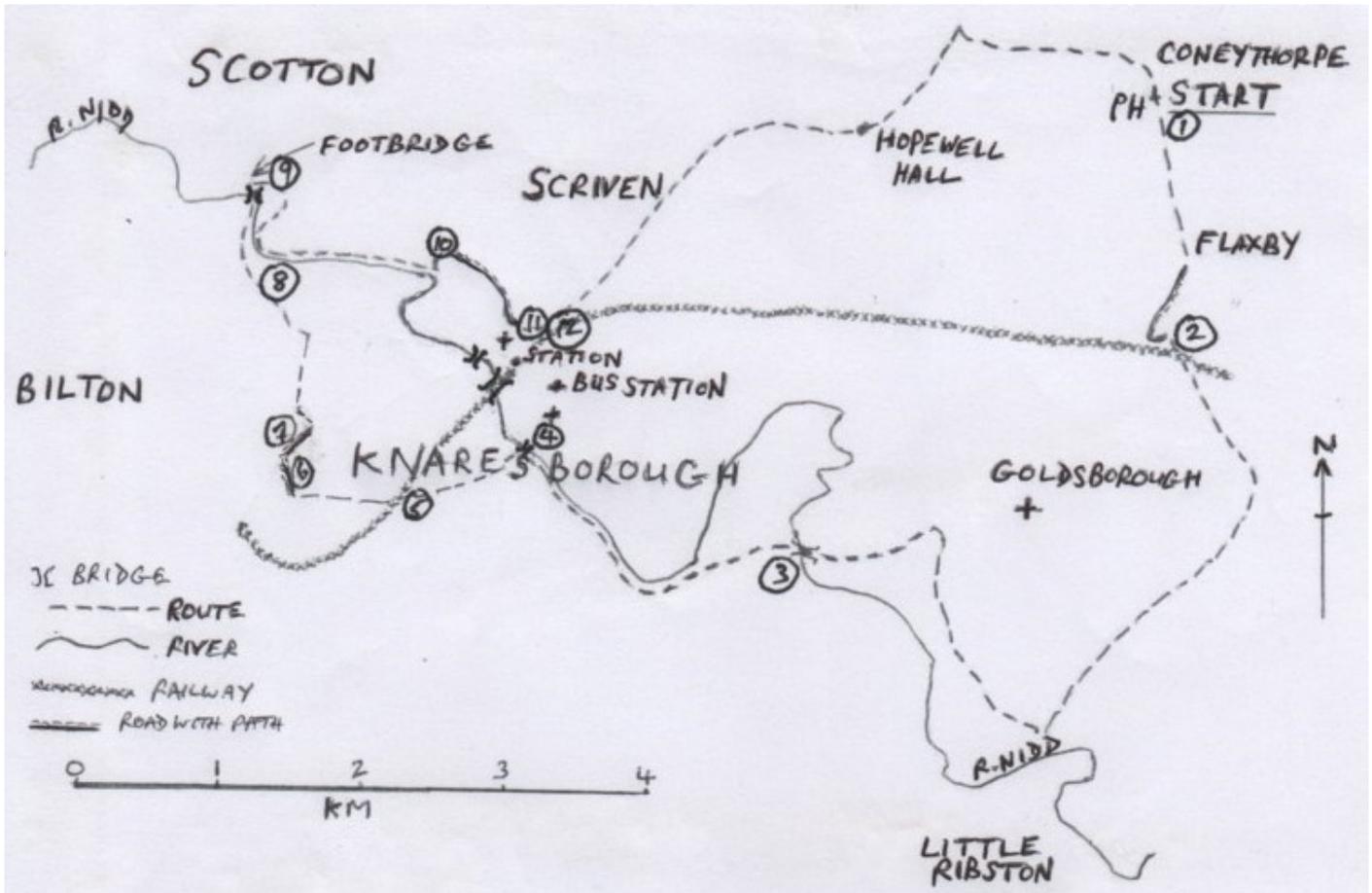


Boroughbridge Striders: the Knaresborough Circuit



Summary: an excellent, varied walk around the town but route-finding can be tricky in parts (4-12) so reference to an OS map is strongly advised

1. Start in the centre of Coneythorpe – look out for a “Knaresborough Round” sign (you’ll be walking on the KR until you reach point 10; it’s a very well sign-posted route!)
2. Cross the York road and railway line just south of Flaxby
3. Route crosses the Nidd near the A658 roundabout
4. is the “low bridge” on the edge of Calcutt. DO NOT CROSS THE RIVER. Turn left up the hill on the Calcutt road and find the sign for the KR – walk along the track which takes you up the hill at this point
5. Route crosses railway line – TAKE CARE!
6. Route runs along Forest Lane until it meets the A59 at the traffic lights
7. Turn right, heading in the direction of Knaresborough, for a short distance before finding a path (tared road actually) to the left
8. Path runs through the Nidd Gorge woods at this point, crossing the river at 9
9. Burgess Bridge – cross and turn right heading towards Knaresborough
10. Junction of path and the road to Ripley; turn right and walk about a km to Bond End (11)
11. Turn left and walk alongside the road to Boroughbridge (B6165) as far as the garage and chip shop. Here, cross the road and walk down the hill, leaving the garage on your right, until you reach the traffic lights at the railway bridge. You will find a KR sign at this point. The path runs along the railway line for a short distance before veering off to the left; at which point you have another 5 km or so to walk to the finish in Coneythorpe

NB From 4 to 12 you will probably need a 1:25000 OS map or the “Welcome to Knaresborough” A3 satellite map sold at the library in Knaresborough for 30 p

