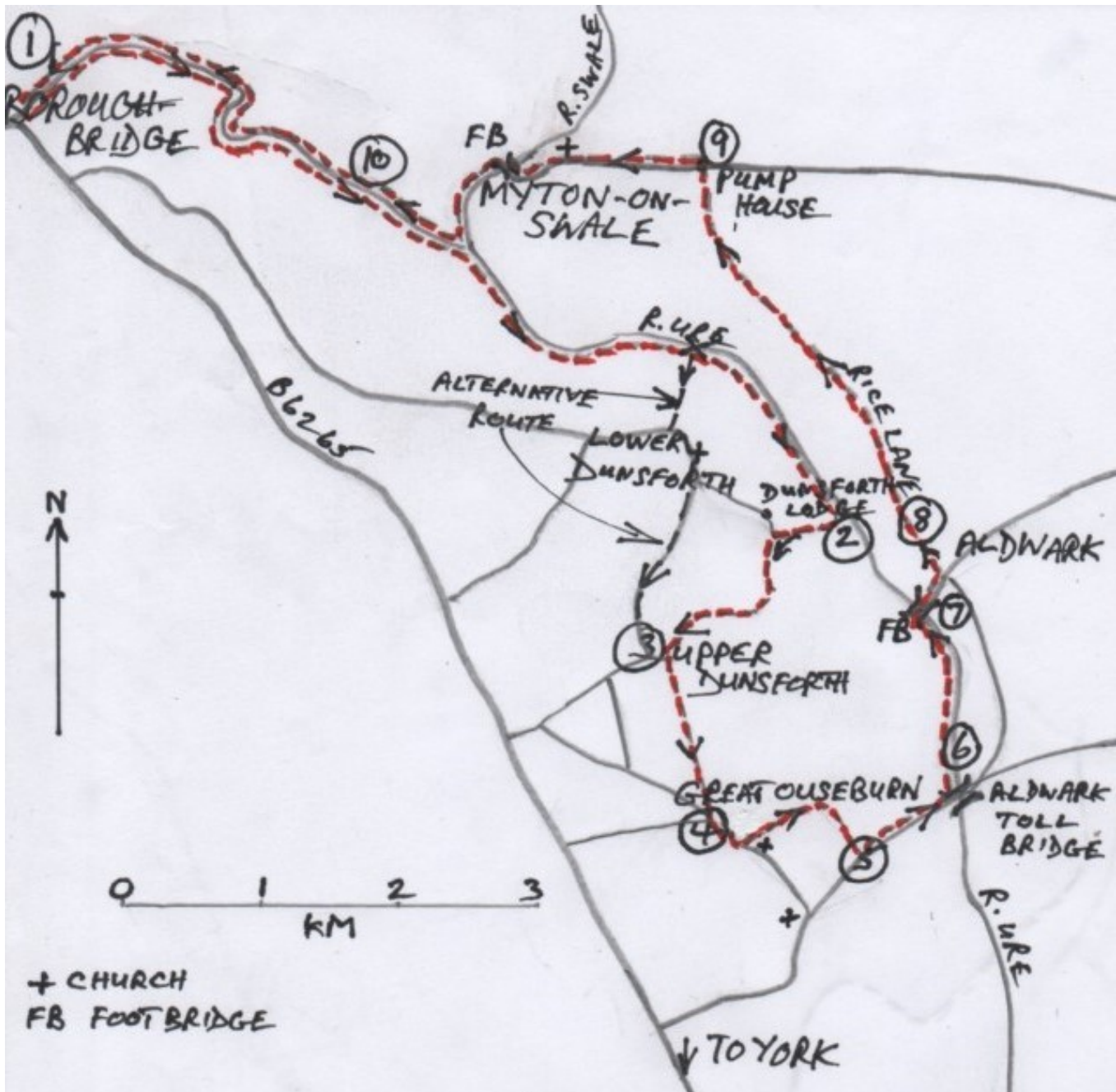


Boroughbridge Striders: River Round South Walk



Directions:

- Start in Boroughbridge (1) and take the signposted path (just off the Aldborough road, opposite the primary school) that leads to the walk along the south side of the River Ure
- Walk along the river bank, mainly on field boundaries, until you have passed Lower Dunsforth and reached point 2 on the map. At this point the path clearly turns inland, heading for Dunsforth Lodge. PLEASE NOTE THAT, FROM POINT 2 ON THE RIVER BANK TO THE ROAD THAT RUNS THROUGH UPPER DUNSFORTH (3), YOU WILL NEED TO NAVIGATE USING THE OS MAP, AS ROUTE FINDING CAN BE TRICKY. IF YOU HAVE ANY DOUBT ABOUT YOUR ROUTE-FINDING SKILLS, TAKE THE "ALTERNATIVE

ROUTE", MARKED ON THE MAP (X) WHICH WILL TAKE YOU ALONG THE MINOR ROAD BETWEEN THE PUB IN LOWER DUNSFORTH AND UPPER DUNSFORTH

NB At point X on the map you will identify the path to the road in Lower Dunsforth as it passes through the Residential Park which is clearly visible from the riverbank. Walk through the RP and reach the road at the pub, then turn left

- Find a clearly-marked path on the outskirts of Upper Dunsforth and head for Great Ouseburn (4). Walk up the hill and take the minor road immediately before the church which takes you to the road (5) leading to Aldwark Toll Bridge. Just before the bridge, slip left to the river bank and find a pleasant lunch spot, with seats and tables
- Walk north along the edge of the golf course on the west side of the river until you reach the footbridge over the Ure and Aldwark village (7)
- From Aldwark head north along Rice Lane until you reach Pump House (9). Turn left and walk into Myton. Keep going, past the church, and at the end of the village turn right for Myton Bridge which is a footbridge
- Having crossed the footbridge, turn left and head for Boroughbridge and home along the strong riverside path (10) which comes out at Milby Lock

Distance and Timing:

The River Round South is a relatively long, but easy, 27 km walk which will take you anything between 5h 30 mins and 7h, depending on your pace and number of rests

OS Map:

Use the 1: 25000 Explorer (299) whenever there is uncertainty about the route, but especially when you are walking the section between 2 and 3 on the hand-drawn map above

JH

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