

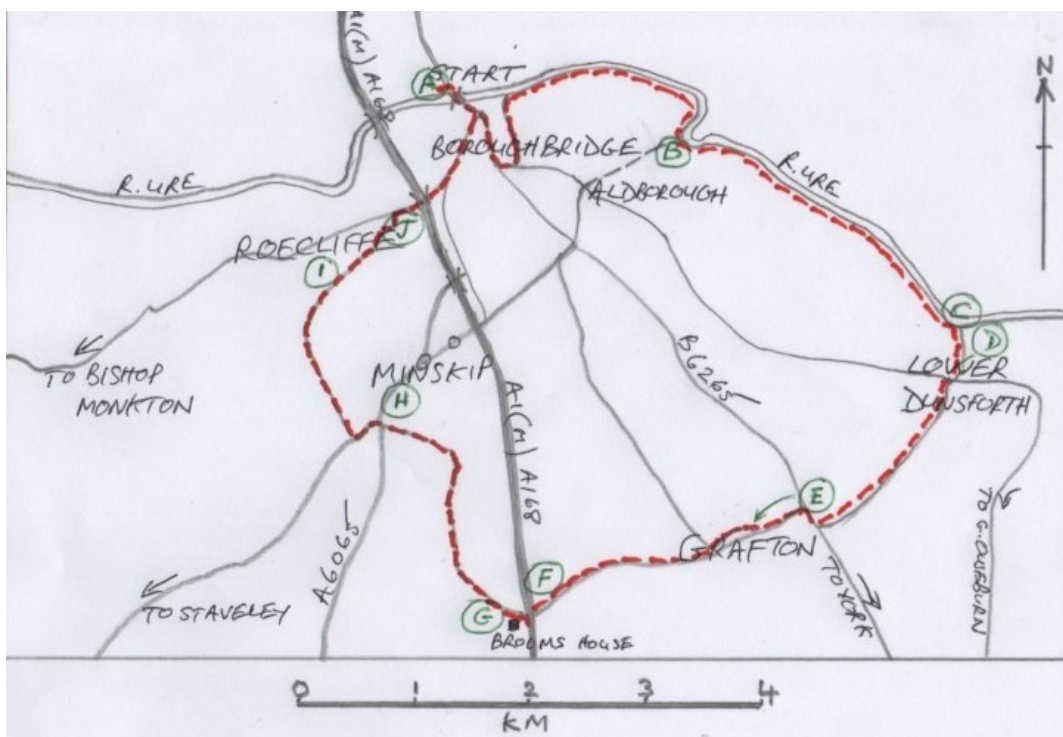
Boroughbridge Striders: SE Loop Walk, via Lower Dunsforth (20km)

Directions:

1. Start at the Langthorpe car park picnic site (A). Head out on the Aldborough Road then turn left on to the riverbank footpath, just beyond the Primary School. Continue walking to the end of the Aldborough Loop (B) then follow the path to Lower Dunsforth until you reach (C), after a 3 km riverside walk
2. At (C), turn right and walk through the Lower Dunsforth residential park to the main road through LD (D), then continue along the road to the B6265; turn right, then left to Grafton (E). In the village take the road (Limebar Lane) which brings you out on the A168 at (F)
3. Cross the A168 with care and find, left, the underpass which takes you to Brooms House (G) on the west side of the A1(M). From here follow the track which brings you out on the A6065 at the south end of Minskip village at (H)
4. Take the Staveley road and, after a short distance, find the path to the right leading across fields, heading NW; cross the stream using the footbridge; turn right and find yourself on the outskirts of Roecliffe (I). From here you can walk back to Boroughbridge along the footpath or via the track which runs behind the ponds, reaching the Boroughbridge road near the entrance to Reed Bordall (J). From this point it's half a mile or so to the finish of the walk

Distance and Times:

The walk is an easy one, approximately 20 km in length. A fit, exercise walker would take 4 hours to complete the walk, without breaks. To enjoy the walk and include a lunch stop, allow 5 hours



NB The above map is hand drawn and for illustrative purposes only, not for navigation. If you are unfamiliar with the terrain, use either OS Explorer map (299) or OS Landranger map (99)