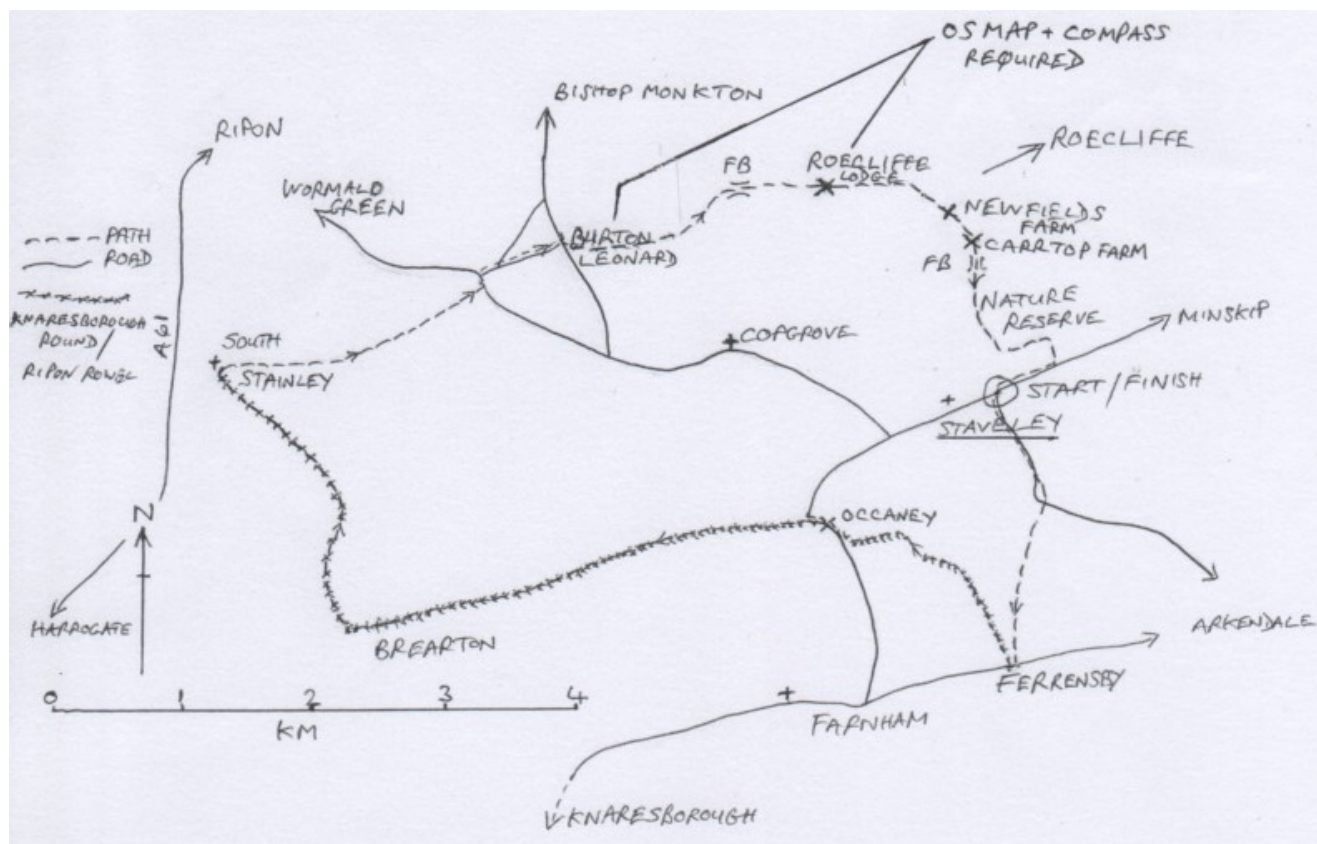


## Boroughbridge Striders: the Round of Copgrove (22 km)



**Summary: an easy walk from the point of view of the going underfoot and gradient, but route finding is challenging over farmland in the section between Burton Leonard and the Staveley Nature Reserve**

- Start in Staveley at the green triangle at the Minskip end of the village; walk down the Arkendale road for about 1km then pick up a strong path to Ferrensey
- Just outside F, find the well-marked "Knaresborough Round" path and walk on it, via Brearton, to South Stainley
- In SS, you have a choice of two paths to Burton Leonard; take either
- From the centre of BL, head out of the town, walking east, past the church on your left until you reach the Bishop Monkton road which you should cross and walk a short distance down the road to Moor Farm
- Take a right turn off the MF road where a reservoir is marked on the 1:25000 map. BE ADVISED THAT YOU WILL ONLY FIND YOUR WAY TO ROECLIFFE LODGE USING MAP AND COMPASS, EVEN THOUGH THE DISTANCE IS A MERE 2 KM. RL is not visible until you reach it, having walked through woodland
- At RL, make sure you pick up the strong track to Newfields Farm; you need to be heading just south of east. From NF it's an easy, short walk to Carr Top Farm
- Once you've found the footbridge (marked on the map) just south of CTF, there remains a straightforward, well-signposted stroll through the Staveley Nature Reserve and the main road (turn right to reach Staveley village and your car!